



1. 240mL (8oz) of lukewarm filtered, distilled, or previously boiled water.



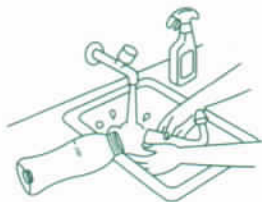
2a. Empty packet into bottle.
2b. Gently shake to dissolve.



3. Press & hold button, breathe through your mouth.



4. Switch sides and repeat with the other half of the solution.



5. Wash & rinse with mild soap.



6. Dry and store with top off.

Development of the SinuMed™ Sinus Cleansing System™

The SinuMed™ Sinus Cleansing System™ was developed by Dr. Brian Weeks and Dr. Ashley Sikand, board certified MDs in otolaryngology (ear, nose and throat) and specializing in treatment of nasal and sinus problems. Both Dr. Weeks and Dr. Sikand have over 20 years of experience specifically treating nasal and sinus conditions and have published their studies and research in numerous well recognized academic journals. After extensive research, they formulated the SinuMed™ Sinus Cleansing System™ for optimal nasal and sinus cleansing aimed at relieving a wide variety of symptoms including nasal congestion, post-nasal drip, irritation and excessive mucus by washing away nasal irritants including allergens, virus particles, pollutants and bacteria.

Dr. Weeks and Dr. Sikand knew that scientific studies showed that a consistent, low pressure, high volume and easy to use delivery bottle was an ideal and important component of the system. Based on these important criteria, they conceived the idea for a “best in class” sinus rinse bottle. The result is our proprietary SinuMed™ Irrigation Bottle.

Our patent-pending formulation is the only Sinus System that also contains N-acetylcysteine (NAC). This natural ingredient helps in preserving and maintaining the hygiene of the delivery system.

The SinuMed™ Irrigation Bottle

The SinuMed™ Bottle is designed to provide a GENTLE and CONSISTENT flow of the SinuMed™ solution. Research has demonstrated that low pressure, higher volume rinses are superior to high pressure and low volume irrigation. The SinuMed™ bottle is engineered to provide a gravity-based flow of a total of 240 ml of solution. It comes with two nozzle options (adult and pediatric) and an easy to use on-demand button to actuate the rinse irrigation. The bottle is BPA-free.

Use of the SinuMed™ Sinus Cleansing System™

1. Fill the bottle to the indicated 240 ml marker. Use bottled, distilled, filtered, or previously boiled and cooled water. Do not use water directly from the faucet. The water should be lukewarm or approximately body temperature.
2. Tear the SinuMed™ packet at the perforation and pour the entire contents of the packet into the water in the bottle. Fasten the cap securely on the bottle and gently shake the solution to dissolve the SinuMed™ powder.
3. Fit the desired nozzle onto the end of the bottle spout. Hold the bottle so it is inverted (upside down) and place the nozzle into your nostril.

Press the button on the bottom of the bottle to actuate the irrigation.

4. Keep your mouth open and breathe through your mouth. Bend slightly over a sink and allow the rinse to come out the opposite nostril. Use approximately half of the solution on the first side, then repeat for the other nostril/nasal passage.
5. Clean the bottle using a small amount of dish washing liquid or baby shampoo and water. Ensure that all components are cleaned, including the nozzle, spout and cap. Use a towel to wipe excess water and then allow to air dry prior to subsequent use.
6. The SinuMed™ bottle should be replaced at 6-month intervals and is intended for single person use only. Use only SinuMed™ Sinus Cleansing packets with this system.

Intended Use:

SinuMed™ is intended for cleansing of the nasal and sinus passages by physically washing away irritating particles (allergens, pollutants, dust, viruses and bacteria) as well as thick or excessive mucus secretions.

Manufactured for:
Pacific Sinus Solutions, LLC | Henderson, NV
Sinumed.com